

# Southfuels Tug O' War Competition Rules 2016



**Teams:** Teams of eight (8) plus 2 reserves.

- Trophy – heavyweight, no weight restriction.
- Mixed - No weight limit. Team to consist of a minimum of 4 female tuggers.

## Competition Format:

- Head tigger must report to the Tug O' War arena 15 minute prior to the teams scheduled start time.
- All team members will need to sign a waiver before competing.
- The direction for the match will be decided by coin toss.
- Once in position the judge will ask the captains if they are ready then give the command *take the strain* followed by *tug* once both teams are heeled in.
- The winning team is the first to tug their opposition 4 metres across the centre line.
- Pool matches will be run, consisting of best of 3 tugs per match.
- If one team wins 2 consecutive tugs they are announced the match winners and given 4 points.
- If there is a draw after 2 tugs then a 3<sup>rd</sup> tug will be held in which case the winner will be awarded 2 points.
- Each team will tug against at least 2 teams in the pool matches over two rounds. This may mean a team has a BYE in a round if uneven number of teams but no points will be given as each team will have the same number of tugs over both rounds. (i.e. if three teams in a Pool Round 1 team A will tug team B, team C will Tug Team B; Round 2 team A will Tug team C). Officials will ensure no team has back to back tugs.
- The top 4 teams, based on points won during pool matches, will go through to the semi-final matches. Quarter final tugs may be held at the judge's discretion.
- If there are any ties after pool matches a knock-out round with ONE addition tiebreaker tug match will be run until only 4 teams remain.
- The direction of the tug for knock-out round(s) will be decided by coin toss.
- Semi and finals will be best of 3 tugs.

## Rules:

- Each team must nominate a head tigger. The head tigger must report and register by 10am on the day with a tigger list. The list must consist of team member names, phone numbers and email addresses (these will be used for HHG purposes and passed onto Southfuels but no other third party).
- Substitutions to be approved by the judge.
- Ordinary footwear must be worn, no spikes, studs, heels allowed. Gloves may not be worn – chalk is acceptable; grip spray is not acceptable. Please wear something tartan or an identifying team colour or item.
- During the tug the rope must not be wrapped around wrist or any other part of the body, with the exception of the anchormen who may loop rope around shoulder or waist once to secure rope. Rope must not be locked or crossed over in any place by anchormen.
- No hand over hand tugging allowed. Team members must go back with rope when tugging and an underhand grip (with the rope under the arms) must be adopted.
- All team members are to remain on their feet at all times, no hands are allowed on the ground for a prolonged period of time, except the anchor-men who is allowed to use one hand on the ground.
- No surging of the rope or lifting up and down during tug. Rope must maintain constant level to the horizon and at a constant strain.

- To avoid potential injury, when a winner of a tug is declared, both teams must release rope together in a safe manner. Disqualification of the offending team may occur at the referees' discretion should the rope be released suddenly causing the opposite team to fall to the ground – no caution.
- Coaches/head tuggers will remind their team of the rules before the competition and only coaches/head tuggers can consult with the judges. It is important that these rules are understood and adhered to by each team member. There will be two cautions allowed per team before disqualification.
- Late entries may be accepted at the discretion of the Tug O' War administrator.

### **Prizes**

- Men's Trophy Tug - The coveted Hororata Highland Games trophy, individual gold medals, \$500 worth of Z fuel cards, donated by Southfuels, a \$150 Robbies Bar Tab (*to use at the event in the Robbies bar by 5pm*) and \$350.00 CASH. 2<sup>nd</sup> place silver medals.
- Mixed Tug Individual gold medals, \$500 worth of Z fuel cards, donated by Southfuels, a \$150 Robbies Bar Tab (*to use at the event in the Robbies bar by 5pm*) and \$350.00 CASH. 2<sup>nd</sup> place silver medals.
- Note: winners must be over the age of 18 years to receive the bar tab prize.